

friLingue

Freude
lehrt
Sprachen

Summer / Winter Camps

Swiss summer and winter language and ski camps for teens

Ages: 6-9, 10-13 & 14-17
French, German and English



Swiss Language
& Ski Camps



WELCOME TO OUR SUMMER & WINTER CAMPS IN BEAUTIFUL SWITZERLAND

Why Switzerland?

Switzerland is the perfect camp destination for juniors and teens. Blessed with beautiful scenery and safe communities, Switzerland is easily accessible by train and air from Europe and other international locations.

friLingue provides transfers to our camps from both Geneva and Zurich airports

LEYSIN

Leysin is a modern tourist and sports resort, aimed at both winter and summer tourism.

Time to the airports by car:
Geneva 1 h 30 min
Zurich 3 h

SCHWARZSEE

Schwarzsee is a stunning lake and mountain location in the Swiss Prealps, ideal for summer hiking and winter skiing.

Time to the airports by car:
Geneva 2 h
Zurich 2 h

ST. BERNARD

St. Bernard is a beautifully picturesque Alpine region in the canton of Valais, known for summer and winter mountain sports.

Time to the airports by car:
Geneva 1 h 30 min
Zurich 3 h



The friLingue experience

1 6 students per class

2 Nationality Mix: foreign and Swiss students mix in the same camps

3 Unique Locations

4 Safe & Secure



5 Young, creative and diverse group of teachers



PHILIPP WEBER
 Founder - friLingue
 Language Learning Camps

I founded friLingue in 2007 because I wanted to bring young people together and give them the chance to discover, like I did when I was a teenager, how much fun it is to learn a language in a beautiful location with new friends and energetic teachers.



LJUBISA ILICIC
 Director - friLingue
 Language Learning Camps

In the summer of 2009 I was looking for a summer camp. I found friLingue and it changed my life. For me, friLingue offers the best of Switzerland; a uniquely positive atmosphere, an international environment, breathtaking scenery and clean lakes.



6 Fun & Interesting Workshops





Ages: 9 to 13 | 13 to 17

Languages: English | French | German

Swiss Chalet: 4 | 6 | 8 beds

THE PROGRAM

Classes are interactive and lively. Students will be using their speaking and listening skills in a wide range of fun language learning activities. Classes are held both indoors and outdoors to profit from the mountain sun.

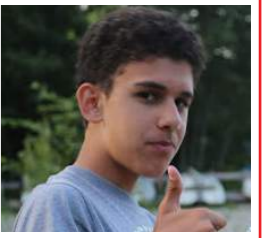
PROGRAM INCLUDES:

- 15 hours of class per week
- Full board accommodation
- Our own property
- 6 students per class
- Alpine location
- Airport transfers included
- Certificates
- Afternoon activities: workshops, hiking with views of Mont Blanc and more!
- Evening activities
- Full day excursion on Saturday include Sion and the Aosta Valley in Italy



I had a good German teacher and I liked to play games in class sometimes. We were there to have fun but we could also learn at the same time. I learned a lot of German and had fun during the evening and afternoon activities.

Gabriel - 14, Switzerland



St. Bernard Summer Camp



FACTS ABOUT ST. BERNARD

- Bilingual French & German speaking region
- Home of the St. Bernard dog breed
- Close to the French and Italian borders
- Summer & Winter mountain sports location
- Spectacular Alpine views

Relais de Dranse Chalet

- friLingue owned property
- Traditional chalet, renovated in 2014
- Comfortable rooms with 4 - 8 beds
- Beautiful Alpine views
- Large common area & Dining room
- No passing traffic



St. Bernard Summer Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	Full day City Tour and Shopping
Afternoon	Lunch	WORKSHOPS**	EXCURSION VerticAlp Emasson (cable car + Alpine dam)	WORKSHOPS**	EXCURSION Hiking in the St. Bernard area	Free Time	Visit Aosta Valley in Italy
Evening	Dinner	Football Tournament	Karaoke	Bonfire at the Lake Singing and Guitars	Free Time	Disco until 23:00	Free Time, Film, BBQ

* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

** Sample Workshops: Theatre, Film or Media Workshop, Newspaper Workshop, Sports Workshop, Graffiti Workshop, Dancing Workshop, Baking Workshop, DJ Workshop

Ages: 12 to 17

Special
Camps

Languages
English



Adventure camp



THE PROGRAM

This is an intense camp for young people who want to move, act in thought and think in action - nature and culture go hand in hand for an intense and complete experience!

WHAT WILL YOU LEARN?:

- How to navigate with a map and a compass
- How to predict the weather forecast
- How to construct an emergency shelter
- How to make fire without matches
- How to tie different types of knots
- How to find a food supply in nature
- Discover the plants and their benefits, the animals and their behavior.
- Many other essential survival skills

WHAT WILL YOU DO?:

- Natural theory, practical lessons in English
- A two-day hike with sleeping in the bivouac
- Canoe trips
- Climbing and zipline descent
- Crossing a gorge



Adventure Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language Lesson 11.00 - 12.30	9.00 - 10.30 Language Lesson 11.00 - 12.30	9.00 - 10.30 Language Lesson 11.00 - 12.30	9.00 - 10.30 Language Lesson 11.00 - 12.30	Hike	Adventure Park
Lunch							
Afternoon	Arrival during afternoon	Orientation Course	Climbing	Mountain trotinette	Departure for the overnight hike	Hike	Canoeing/ paddle boarding
Dinner							
Evening	Welcome Evening: Test, Rules, Introduction, Icebreaker games	Adventure Challenges	Campfire	Artistic workshop	Camping	Relaxed evening	BBQ

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Ages: 10 to 17

Special
Camps

Languages
English, French, German



Liddes United Football Camp



THE PROGRAM

This hot summer football camp in Valais combines footballing fun with interactive language courses in groups of six (French, German & English), so lace up your boots and experience a football week full of educational & fun training sessions as well as dynamic language lessons, all at Champions League level of course!



Liddes United Football Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	
Lunch							
Afternoon	Arrival during afternoon	Football training session, Relax/workshops	Football training session, Relax/workshops	Football training session, Relax/workshops	Half day excursion	Football challenges	Full day excursion
Dinner							
Evening	Welcome Evening: Test, Rules, Introduction, Icebreaker games	Match	Football quiz games	Football challenges	Free evening	Disco	BBQ

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Ages: 6 to 9 | 9 to 13 | 13 to 17

Languages: English | French | German

Swiss Chalet: 4 | 6 | 8 beds

20 Ski lessons | 16 Languages Lessons

Snow-boarding

St. Bernard Ski Camp

- Learn to ski or snowboard with our certified instructors
- 20 minutes drive from Verbier, the largest ski resort entirely within Swiss borders
- Smaller slope with 3 lifts just a five minute bus journey from our chalet
- 2 day trips a week to the Matterhorn, Sion, Lausanne and Montreux
- Choose between language classes in the morning or an all day ski course

Relais de Dranse Chalet

- A frilingue owned property
- A range of 4, 6 & 8 bedrooms
- Large dining and living rooms
- Beautiful location with breathtaking views
- Close to ski slopes and hiking trails



THE PROGRAM

With our ski and snowboard course, students of all ability levels will have the opportunity to improve and have fun; we'll help beginners to feel at home on the piste, whilst more comfortable skiers and snowboarders will be taught on the bigger slopes by our more advanced coaches. As well as taking ski and snowboard lessons, we also offer you the chance to take French and English classes each morning with our young and dynamic teachers.

PROGRAM INCLUDES:

- Day trip to Zermatt and the world famous Matterhorn mountain / Aosta (Italy)
- Day trips to Sion, Lausanne or Montreux
- Water park and laser tag
- 16 language lessons / 20 ski or snowboard lessons



St. Bernard Ski Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		8.45 - 11.45 Skiing or Language Lessons	8.45 - 11.45 Skiing or Language Lessons	Full Day Excursion to Aosta	8.45 - 11.45 Skiing or Language Lessons	8.45 - 11.45 Skiing or Language Lessons	Full day excursion to Lausanne Laser tag
	Lunch						
Afternoon	Arrival during Afternoon	Skiing	Skiing	Roman Theatre	Skiing Sledging Ice Skating	Skiing Sledging Ice Skating	Olympic Museum
	Dinner						
Evening	Welcome Evening: Test, Rules, Introduction, Icebreaker games	Swiss Evening with Quiz and Fun	Ice Skating	Swimming	Free Evening	Disco	Movie Night in the Chalet, BBQ

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Ages: 8 to 12 | 13 to 17

Languages: French | English

Hotel: Single room | Double room | 4 | 5 beds

Horse Riding

Tennis

Pool

THE PROGRAM

Our teachers run fast-moving, fun and conversational classes focusing on communication skills. Students will see noticeable improvement in their speaking skills.

PROGRAM INCLUDES:

- 15 hours of class per week
- Full board accommodation
- 1, 2 & 5 bed rooms
- 6 students per class
- Course materials
- Afternoon activities (Mon-Fri)
- Evening activities
- Full day excursion (Sat or Sun)
- 24 hr staff supervision
- Airport transfers
- Certificate



I think that Switzerland is very nice and the thing I liked about the French classes were the projects that we did. Having the classes in small groups is better because the teachers can explain things individually to each student.

Luca - 14, Spain



Leysin Summer Camp



FACTS ABOUT LEYSIN

- Sunny Alpine resort village
- Spectacular Alpine views
- Year round mountain sports and recreation
- International atmosphere
- Close to Montreux, The Olympic City of Lausanne and many more of Switzerland's world famous landmarks

Alpine Classic Hotel

- Comfortable, modern and fully-equipped en suite bedrooms
- Balconies with Alpine views
- Regional & international Cuisine
- Full access to pool, sauna & gym in nearby partner hotel
- Located in the centre of the village



Leysin Summer Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	Full day City Tour and Shopping
Afternoon	Lunch	WORKSHOPS**	EXCURSION Adventure Park	WORKSHOPS**	EXCURSION Mountain Lake	Free Time	Montreux & Castle of Chillon
Evening	Dinner Welcome Evening: Test, Rules, Introduction, Icebreaker games	Football Tournament	Rally - Village Tour	Casino Night	Free Time	Disco until 23:00	Swimming, Games and Fun, BBQ

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** Sample Workshops: Theatre, Film or Media Workshop, Newspaper Workshop, Sports Workshop, Graffiti Workshop, Dancing Workshop, Baking Workshop, DJ Workshop



Ages: 10 to 17

Languages: English

Campus: Dormitory | 4 | 2 beds

THE PROGRAM

Improve your English skills in a proactive and immersive environment. Outside of the class room, you'll get to explore the mountains, swim in the lake and roast marshmallows over an open fire underneath a starry sky, the likes of which we can guarantee you've never seen before!

PROGRAM INCLUDES:

- 15 hours of language course
- 2 workshops
- 3 excursions
- Evening program
- Accommodation
- Full board
- Airport transfers
- Insurance
- Certificate
- 24 hr staff supervision



English Camp



FACTS ABOUT ENGLISH CAMP

- Full English speaking staff team
- Native speaking teachers from throughout the English speaking world
- All evening and afternoon activities conducted exclusively in English
- Good mix of Swiss and international students

Schwarzsee Campus

- The campus offers modern furnished rooms, a large living room and spacious classrooms.
- Accommodation in 4 bedded bedrooms or cool dormitories in a peaceful mountain location.
- Large sports complex including; a sports hall, multiple outdoor courts and sports fields, a fitness centre and two climbing walls.



English Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 English Lessons 11.00 - 12.30	9.00 - 10.30 English Lessons 11.00 - 12.30	9.00 - 10.30 English Lessons 11.00 - 12.30	9.00 - 10.30 English Lessons 11.00 - 12.30	9.00 - 10.30 English Lessons 11.00 - 12.30	
Afternoon	Lunch	WORKSHOPS**	Hiking with a photo & video competition	WORKSHOPS**	Beach - SUP, canoe, pedalo	Free Time	Full day excursion to Fribourg
Evening	Dinner	Sports Tournament	Games Night	Bonfire at the Lake Singing and Guitars	Movie Night & Relaxation	Disco until 23:00	BBQ

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** Sample Workshops: Theatre, Film or Media Workshop, Newspaper Workshop, Sports Workshop, Graffiti Workshop, Dancing Workshop, Baking Workshop, DJ Workshop



Ages: 10 to 13 | 13 to 17

Languages: French | German

Swiss Chalet: 2 | 3 | 4 beds

THE PROGRAM

Classes are interactive and lively. Students will be using their speaking and listening skills in a wide range of fun language learning activities. Classes are held both indoors and outdoors to profit from the mountain sun.

PROGRAM INCLUDES:

- 15 hours of class per week
- Full board accommodation
- 2, 3 & 4 bed rooms
- 6 students per class
- Course materials
- Afternoon activities (Mon-Fri)
- Evening activities
- Full day excursion (Sat or Sun)
- 24 hr staff supervision
- Airport transfers
- Certificate



Everyone is very friendly!
The classes are small so we have many chances to speak a lot. I also love Schwarzsee. The area and the mountains are so beautiful!

Theo - 10, France



Schwarzsee Summer Camp



FACTS ABOUT SCHWARZSEE

- Breathtaking mountain location in the Prealps
- Bilingual French & German speaking region
- Perfect for lakeside relaxation and mountain adventures
- Gives an authentic taste of the Swiss Mountain life

Chalet

- Typical Swiss style mountain chalet
- Range of 2, 3 & 4 bed rooms
- 2 balconies with panoramic views of the mountains
- Leisure facilities including disco space, ping-pong room & projector screen
- Large outdoor space including campfire area



Schwarzsee Summer Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	
Afternoon	Lunch	WORKSHOPS**	Hiking with a photo & video competition	WORKSHOPS**	Beach - SUP, canoe, pedalo	Free Time	Full day excursion to Estavayer-le-Lac
Evening	Dinner	Sports Tournament	Games Night	Bonfire at the Lake Singing and Guitars	Movie Night & Relaxation	Disco until 23:00	BBQ
	Welcome Evening: Test, Rules, Introduction, Icebreaker games						

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** Sample Workshops: Theatre, Film or Media Workshop, Newspaper Workshop, Sports Workshop, Graffiti Workshop, Dancing Workshop, Baking Workshop, DJ Workshop

Ages: 12 to 17

Special Camps

Languages English, French

Campus 10-12 Beds, 4 Beds

friLingue

Art camp



THE PROGRAM

The program is flexible because this is a project-based camp, and we allow the creative ideas spawned from the project to guide the camp's direction and flow, however here are some things we guarantee:

- 10 hours of language courses to strengthen the language bases, paying close attention to the learning needs of each individual student.
- 3 different workshops (drawing, painting, music, video editing, photography, theatre) to follow immersion in the target language.
- An evening program where everyone is free to follow a group activity (campfire, game night, creative disco) and continue their workshop. Always in the company of teachers and experienced animators and motivated by the projects.
- 5 hours of communication classes, exchange of ideas, discussions and communal writing.
- 2 excursions per week, including one full day.



Art Camp - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	
	Lunch						Full day excursion
Afternoon	Arrival during afternoon	Artistic workshops / conversation about Art history	Artistic workshops / Ideas for the end of week exhibition	Artistic workshops / Artistic activities with the whole group	Excursion and painting in the nature / Installation in the chalet	Sports / Free time	
	Dinner						
Evening	Welcome Evening: Test, Rules, Introduction, Icebreaker games	Film about arts	Camp fire	Free time / artistic projects	Disco party	Exhibition and performances	Games evening, BBQ

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www.frilingue.ch

Ages: 10 to 18

Languages English

friLingue

Italian Trip



THE PROGRAM

Historically unmatched, with a world class cuisine and the friendliest people in the world, Italy is right on our doorstep!

- On our 6 day trip we visit the following gems:
- Florence - the birthplace of the Renaissance
 - Rome - one of the cradles of Western civilization
 - Milan - a fashion powerhouse and dynamic city.

We stay in 2 - 5 bed rooms in rustic hotels / hostels, eat delicious, authentic local cuisine and travel by coach. The tour is guided by our frilingue teachers. Improve your English through hands-on experiences and practical use!



Italian Trip - Schedule*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning	Breakfast + Leave Liddes / First part of the trip Liddes > Pisa	Breakfast / Visit to Santa Maria del Fiore Cathedral with dome climb	Breakfast + Hostel check-out / Trip Florence > Rome	Breakfast / Guided visit to Colosseum	Breakfast / Guided visit to St. Peter's Basilica, Vatican Museum and Sistine Chapel + Dome climb	Breakfast + Hostel check-out / First half of the trip Rome > Milan	Breakfast + Hostel check-out / Guided visit to Milan Cathedral and archaeological site / Boat trip on the Darsena
	12.30 - 13.00 Lunch	12.00 - 12.30 Lunch	12.30 - 13.00 Lunch	13.00 - 13.30 Lunch	12.30 - 13.00 Lunch	12.00 - 12.30 Lunch	13.30 - 14.30 Lunch
Afternoon	Second part of the trip Liddes > Pisa / Walking Tour Downtown Pisa / Pisa Tower climb / Trip Pisa > Lucca	Guided visit to Galileo Museum (Experiential Visit) / Guided visit to Palazzo Vecchio with tower climb	Welcome to Rome Experience / Visit to Sant'Angelo Castle	Guided visit to Roman Forum and Palatine	Visit to Leonard da Vinci Experience Museum / Free Jewish Ghetto and Trastevere Walking Tour	Second half of the trip Rome > Milan	Guided visit to Sforzesco Castle
	17.00 - 17.30 Snack break						
Evening	Bike tour / Start: Lucca Wall circuit / End: Guinigi Tower climb / Trip Lucca > Florence / Hostel check-in	Walking tour Florence	Walking tour Rome / Visit to Pantheon	Free night	Visit to Gianicolo Hill + Panoramic view of the city	Milan Walking Tour	Trip Milan > Liddes
	21.00 - 22.00 Dinner	20.00 - 20.30 Dinner	19.30 - 20.00 Dinner	20.00 - 20.30 Dinner	20.00 - 20.30 Dinner	19.30 - 20.00 Dinner	20.30 - 21.00 Dinner

* This is only an example for a weekly program. The exact program will be communicated at the beginning of the trip (yet it can be modified later on due to bad weather or other reasons).

www.frilingue.ch

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friLingue - Freude lehrt Sprachen



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